



NATIONAL SERVICE SCHEME

Government College for Women Nawakadal, SRINAGAR

REPORT

Brief Summary

The field study and adventurous activities by NSS Unit of GCW, Nawakadal carried out in the month of Nov 2021 in reference to various orders issued by the ministry of sports and youth affairs endorsed by department of Higher Education J &K T to clean the Religious places and Water bodies of the state . In this endeavor, a total of twelve NSS student-volunteers and 16 students of Travel & Tourism of the college took an initiative to clean the water bodies, religious places and few tourist Places of the Valley. In the first instance Dal lake rim , few ghats of Dal lake, Manasbal lake, Budhist Monestry, Baba rishi sahb shrine, Daranga tourist place and Gulmarg Hill station was cleaned.



Primary Objectives of the Adventure Activities

NSS helps the students to grow individually and also as a group. It makes the students confident, develop leadership skills, and gain knowledge about different people from different walks of life. Students also learn other skills that help them lead a better life in various situations. The four-day long programme aims to **instill the idea of social welfare in students**, and to provide service to society without bias. NSS volunteers work to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity.

Detailed itinerary of 4 day long NSS Activities

Date	Location	Activity
10 Nov 21	Manasbal lake and nearby villages	Cleanliness drive cum awareness campaign
11 Nov 2021	Tulmullah and Harwan Area	Cleaning cum awareness drive in the historic Tiratha of Tulmullah village, Kheer bawani and Baba Hyder Rishi sahib
12 Nov 2021	Parks of Tangmarg and Gulmarg	Cleaning drive, Health and Hygiene awareness compaign to Hotel and Restaurant Owners
13 Nov 2021	Dranga and Babarishi sahib Shrine	Health and Hygiene awareness Programme and interviews with Shrine officials and Hawkers

The NSS volunteers assembled in the college campus with the intension to clean the surroundings of the water bodies and tourist places of Kashmir as a main attraction for tourists all around India and abroad. The NSS Programme Officers before board on to bus for Mansbal speak about the importance of water bodies especially the pristine lakes of Kashmir which play a major role in ecotourism,

sustenance of livelihood around the water bodies and above all maintain the buffer zones during severe rainfalls.



The programme officers also laid emphasis on to maintain discipline during the entire field visit and fallow strict covid-19 SOP protocol. After 15 minutes talk, the NSS volunteers board on the bus around 8:50 am and reached the destination of Manasbal lake, one of the deepest lakes of Asia and a prime tourist destination during summer season both for state and national tourists.



The NSS Volunteers on reaching Jarokha Bagh built by Mughals on the eastern side of Lake saw heaps of garbage, polythene wrappers, bottles which not only had put a shabby scenario but also a deep concern towards the mind set of people who visit to cherish the beauty of Garden of Manasbal.



The students of NSS collected the bottles, wrappers etc and talked to the lake and garden officials regarding the lake scenario and its surroundings. The students also visited the different houses in Bagwan Pora nearby village of Jarokha Bagh and interviewed to people about socio economics, and importance of lake and garden to them. Most of the families are directly or indirectly involved in trade of extraction of Lotus root, Nadru and in fishing. Few of them sell famous fish recipis like fish kabab and fish rista during tourist season. More over local people face shortage of basic facilities like drinking water, transportation and power supply especially in winter season which is terribly harsh due to cold wave of lake.



Volunteers took a pedestrian path around the lake to the nearby villages and to their surprise saw number of drainage pipes from houses even from cow sheds had a direct entry towards the lake, which is a great concern of eutrophication of lake. Volunteers also collected the garbage around the peripheries of lake and talked to heads of the families, ladies and children about the ill effects of practice which they do by throwing their garbage and drainage and toilet wastes to the water bodies. The people were also sensitized about the importance of clean water to them and also they were shown the different ways of segregating their house hold wastes in different bins for proper disposal.

After a complete four hour field visit, NSS volunteers had a lunch in the Park around 1:00 pm and started exploring other part of the lake from Kondibal Village of Manasbal at 2:00 pm. Volunteers cleaned around the ancient heritage temple

and repeated the exercise in the Kondibal village which were very much affected during the Covid 19 since last three years as most of them were associated with the local tourism. The volunteers also talked to ladies of the area regarding segregating the house hold garbage for proper disposal and showed them proper ways of hygiene and sanitation, and use of Masks and social distancing, avoiding of unnecessary crowd particularly during Covid 19 pandemic. The Programme of the day ended up at 5:00pm.



On the next day early morning drive to historic tiratha of Tulmulla village in Ganderbal district.



At first the volunteers started sweeping, dusting and cleanliness drive in the Kheer bawani temple. Indepth interviews were conducted with the temple priest, head pujari ji and care takers of the temple. The caretakers gave a detailed scenario of Kheerbawani Mela and the disposal of waste during the entire Mella. The sweepers and watchmen of the temple were educated by the volunteers for use of dropped chinar leaves for manuaire purposes rather than to burn it for coal purposes.



Volunteers took a cleanliness drive upto historic Baba Haiderrishi Shrine and assembled in the Shrine were Volunteers interacted with Muttawaali and other caretakers of the shrine. At afternoon, drive to historically significant ancient Buddhist archeological site of Harwan plateau. The cleanliness drive was also conducted at the site.



On day 3rd NSS group was taken to Tangmarg hill station and volunteers in the beginning started cleanliness drive in the entire market of the Tangmarg Market and people were educated about the health and hygiene, sanitation and disposal of house hold wastes etc. The people were forced to wear face masks as a precaution of Covid-19 and were asked to avoid unnecessary public crowds and maintenance of social distancing. The volunteers had a two and a half hour trek of five kilometers to the famous hill station of Gulmarg and during the trek all the polythene bags and bottles were collected. Interviews with the local ponyemen and hotel owners revealed that no proper disposal system for this waste is in practice. The people of the area were educated regarding disposal of this waste which otherwise could turn beautiful meadows to barren lands.



On day 4th the NSS group reached Dranga Tangmarg, a beautiful tourist destination which was cleaned by all the volunteers as heaps of polythene wrappers bottles, etc were present at the ferozpora nallah one of the best drinking water source to a large number of villages of that area. The Volunteers also visited the the historic ancient-medieval frontier Watch station and ancient temple ruins of Karkota Dranga. In afternoon volunteers visited famous shrine of Baba Payam din rishi sahb where they cleaned the area and collected all sorts of garbage and educated the people and hawkers about the health and hygiene, proper disposal of waste and use of face masks at public and religious places. The group also took a note of problems of Gujjars and Bakarwal community facing at hill stations and NSS volunteers will visit again to distribute some stationary and toiletry bags to families.



ACKNOWLEDGEMENT

I am highly obliged and wish to express my deep sense of gratitude and indebtedness to my worthy Principal Prof (Dr) Tabasum Rafiq for his enthusiastic guidance, encouragement, generous and timely help, constructive criticism and valuable suggestions during the entire Field visit.

I am highly thankful to Prof Rafiq Peerzada, Prof Adil hussain and Prof Nadeem basher Prof Zuhaib Bazaz and Prof Amjad Khan of the college whose help throughout the field survey. I am extremely thankful to the technical staff Mr zahoor zargar who shoot all the days and clicked some beautiful pictures of the event.

Special thanks must go to Mrs Fehmeeda and Mrs Nahida of the college who took a leap of faith and were always loyal and rendered sincerely all possible help whenever required. It is again the inspiration, well wishes, moral boosting and indispensable support all the times by worthy principal without whose support this all would not have been possible.

NSS OFFICERS

Dated :-18-11- 2021

dr Mir Dilgeer Mahdi

Dr Sabina ahad