



Govt. College for Women Nawakadal Srinagar

(NAAC Re-Accredited Grade A)

www.gcwnk.ac.in (CGPA-3.10)

principal@gcwnk.ac.in

Telefax: 0194-2503456



Celebrating 6th International Yoga Day

on

21st June 2020

CALL FOR PARTICIPATION

In

Essay Competition & Yoga Asana Video.

Organized by:

Department of Physical Education and Sports &
NCC Wing of the College



Registration.

- Open & free registration for all participants.
- To register, click on the link or copy link and paste in your browser.
- The e-certificate of participation will be given to the participants only after successfully uploading the essay or Yoga Asana video.
- Last date for submission of the essay and Yoga video is June 20st 2020.

Essay Competition:

Theme: Yoga as a stress reliever during COVID-19 pandemic.

Maximum 500 words.

The essay has to be submitted on the given email/WhatsApp group.

Yoga Asana Video:

Upload a 1-minute video of any Yoga Asana performed by the participant and send it on the given email/WhatsApp group.

Participation link:

<https://forms.gle/XLD7Xz254xABxfNn8>

(open up to 20 June 2020, 4:00 pm only)

WhatsApp Group:

<https://chat.whatsapp.com/BZM0f90ZRDdl2aO18r1VyJ>

email: sakish87@gmail.com

Patron:

Prof. (Dr.) Tabasum Rafiq

Principal

GWC, Nawakadal Sgr.

Organizing Committee.

Sakeena Bashir (PTI)

Department of Physical Education & Sports

Prof. Shakeela Nazir (NCC Officer)

Department of Management Studies (BBA).

Cell: 9906481177

Email: sakish87@gmail.com