



Government College for Women Nawakadal, Srinagar

'NAAC' Accredited -A
Website: www.gcwnk.ac.in

HUNAR

A handout



**Govt. College for Women Nawakadal, Srinagar,
Jammu and Kashmir -190 002**

'NAAC Accredited Grade 'A'

AICTE Approved Institution for MBA Programme

ARIIA Ranking Band 2022 : Performer

NIRF -2017 (Rank Band 151-200)

DST Assisted under CURIE Grant for PG Women Collges

Website: www.gcwnk.ac.in, Phone/Fax: 0194-2503456

Principal's Message



The Publication of the current edition of the Handout “*Hunar*” is to celebrate the accomplishments and achievements made by the college for the development of Skills in our students. We aim to enable our students to succeed in the emerging commutative world . Integrated development will not only help them in generating knowledge acquiring skills , developing attitude but will also help them to become good human beings leading meaningful lives. The integration of skill and education can provide employment opportunities to the students . It can improve the skill sets of the students making them ready for the corporate world to get jobs and develop their confidence to set up their industries and startup . Such students would thus contribute to the growth of economy.

The college has highly qualified, dedicated and committed instructors who are proficient in their respective fields of specialization which include dress designing , Papier Machie, Mehndi art and embroidery skills. They are ever ready to provide guidance , sharpen skills and shape up the all round personality of the students.

Through this handout, I take the opportunity to place on record my sincere gratitude to the members of skill cell especially its convener Prof. Rubeena Shaheen for taking a keen interest in compiling this handout. The selfless contribution of our instructors and other staff to help our students build their career will definitely help in building a strong foundation for the students. A positive and enthusiastic participation from the students in all the activities will bring applauds to our institution.

Lets us give our best and try to make this institution best place for learning skills.

Principal

Prof.(Dr) Tabasum Rafiq

Conveners Note



Skill cell of the college was established in the year 2011 and since then the cell has been up graded quantitatively as well as qualitatively . It encompasses many schemes and programmes under one roof. The prime goal is to empower the students of the college with adequate skills in dress designing , Papier Machie, mehandi art, and embroidery skill that will ensure their employment in relevant sectors. The attempt is also to encourage the students to develop their innate abilities in skills pertaining to life. Such students are more likely to be well-rounded individuals with a good blend of academic and life-skills.

The skill cell also aims to create opportunities for development in different skills. The aim is to provide guidance and encouragement that will help students to achieve their ambitions . A combination of Education and skill is essential for everyone, hence, the skill cell of the college aims to impart training and knowledge in market-relevant skills. The skill cell provides mentoring services which helps individuals with specific knowledge requirement.

My sincere thanks are due to our esteemed principal , Prof. Dr.Tabasum Rafiq for lending continuous support and showing a keen interest in upgrading the skill cell. I am also grateful to my supporting staff and trainers for playing an active role in imparting quality knowledge and skill in our students.

Convener

Prof. Rubeena Shaheen

Skill Development Cell

Skill and knowledge are the driving forces for any nation, industry, institute or individual. The skill cell established in our college mainly aims at training students to develop skills which would help them to earn.

Objectives of Skill Cell:

The skill cell serves the following objectives ;

- 1.To equip the students with the skill of dress designing and paper machine.
- 2.To preserve, conserve, and transmit the traditional art / skill to future generations.
- 3.To encourage and train the youth with skill so they can establish their own business units individually.
4. To have exhibitions cum sale in order to encourage the students and provide financial help to students.
5. To provide a conducive skill learning atmosphere.



COURSES OFFERED

◆ **Dress Designing. (3 Months Course)**



◆ **Papier Machie (3 Months Course)**



◆ **Calligraphy (3 Months Course)**

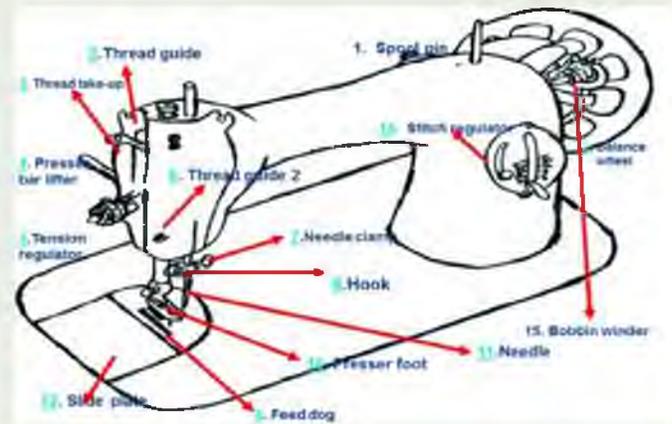


SEWING MACHINE AND ITS PARTS

The sewing machine is the most important element in the garments industry. It minimizes laborious task. By using sewing machine we can get more standard quality garments within a short time. There are different parts of a sewing machine, where one part is related to other parts.

We divide machine into four parts:

1. Face Plate
2. Body Parts
3. Right Side or Handle Parts
4. Inner Side of Machine.



Face Plate: It has white bright designed iron plate on the left hand side of the machine.

Pressure Bar: this bar is the bar which catches the cloth accurately and after pressing this it makes a pressure on the cloth.

Face Plate Screw: It is a small screw for fixing the white bright plate .

Pressure foot: It is fitted on the pressure bar for making on the cloth

Pressure foot bar Lifter: It is also called trigger. It is used to raise the bar of the foot. It is fitted left side with the face plate.

Needle Bar: The bar on which needle is fixed .

Needle: Main equipment of sewing is needle which is fixed on the bar.

Clamp Screw: The needle is caught with the help of this clamp screw in the needle bar.

Take-up Lever: For controlling the speed of the thread it is used and called Take up lever because it goes up and down like lever.

Thread Tension Device: The speed of the thread is controlled by putting it on this device .If it is much tight, then it is cut by thread.

Tension Spring and Nut: There is a spring in front of thread tension devices and further there is also a screw.

FACILITIES AVAILABLE

The skill cell is accommodated in a spacious hall within the premises of the institute. It has the capacity to accommodate 50 students at a time. The skill cell is equipped with all types of equipments required for training the students in dress designing and paper mache.



Instructor instructing students how to stitch



Instructor giving instructions to students how to stitch sleeves.



Instructor giving final touch to the Paper Machie art compiled by the students



Exhibition of Paper Machie Products.

Skill Development Cell

The different steps involved in stitching include:

Hemming: A **hem** in sewing is a garment finishing method, where the edge of a piece of cloth is folded and sewn to prevent unraveling of the fabric and to adjust the length of the piece in garments, such as at the end of the sleeve or the bottom of the garment.

Material Required: Needle, Thread and Cloth.



Button Holing:

Buttonhole : a slit in a garment, through which a button is passed to fasten two surfaces together.

Material required: Cloth, Needle, Thread, and Scissor



Step- 1

Practice on Paper:

The students are taught cutting initially with the help of paper

Material Required:

Paper, Scissor, Scale, Marker, Measuring Tape.



Step-2

Drafting: It involves measurements derived from sizing systems or accurate measurements taken on a person, dress or body form. Measurements are taken for chest, waist, hip and so on, and ease allowances are marked on paper and construction lines are drawn to complete the pattern.



Instructor / Student relation learner

Proper Usage of scale:

Material required: Cloth , Marker, Scale and Inch Tape.

In this process, the instructor readily answers all the queries of the students.



Step- 3

Measurement:

Learning to measure figure accurately using the measuring tape.

Material Required:

Inch Tape, Sketch, Pencil, Paper.

Students measure every part of the normal body with the help of Inch tape. Measurement in sequence is taken for the cloth in upper half and lower half of the body. Body measurement may be most categorized into 3 types. Length measurement , Breadth measurement and round measurement.



Step-4

Stitching:

Finally after learning the basics, the students starts stitching.



Step-5

Maintenance of Sewing Machine:

Instructor demonstrating how to reassemble the wear and tear of machine.



Papier Machie

Introduction: Papier Machie is an ancient art which directly came from Iran about 700 years ago. The ingenious Papier Machie artisans of Kashmir transform a variety of utility articles into rare art pieces.

After the advent of Mir Syed Ali Hamadan (RA) the new techniques in designing and manufacturing process have been applied to the art to give room to update its marketing trends.

Ten Steps of Work done in Papier Machie Art.

- Step-1— Paper pulp moulding (chhot)
- Step 2 — Smoothing Process (Pishlavun)
- Step 3— base Colour Coating (Livun)
- Step 4 — Free Hand Writing (Khuhun)
- Step 5— Filling of Colours (Astar thavun)
- Step 6 — Shadings and inner drawings of flower (Tehreer te rikhe)
- Step 7 — Warmish Coating (Rogan deun)
- Step 8 — Outlining and filling the spaces (Tehreer ruege telish etc
- Step 9 — Warnish Coating (Jilav deun)
- Step 10 — Inner space and Back space coated with colour (Final Touch)



Students working in different steps of Papier Machie

Tools, Materials and Colors:

The colors for painting designs on the surface are obtained by grinding and soaking various vegetables, minerals dyes in pigment or stone form. Nowadays we use the best quality water colors too.



Besides this we use different types of moulds (Clay ,Wooden and metal) to form the shape of the basic material for papier machie.

Photographs of paper pulp objects made by learners



Mashed paper keep to dry up



Student making the paper plate with the help of steel moulding



Basic material ready for papier mache process



Papier mache fruit bowl coated with gypsum.



Raw material of paper pulp ready for gypsum coating



Smoothened balls ready for base colour



Balls with base color ready to draw designing



Varnished balls ready for outlines



Gold designed and ready for final varnish





Free hand Drawings on canvas by the students of BA 2nd semester.



Students of B.Sc 5Th Sem giving shadings to the traditional Samavour.



Students are taught to draw different designs on paper

Finished Papier Machie Products :-
Wall Hanging painting



Calligraphy in Mirror art form of Papier Machie



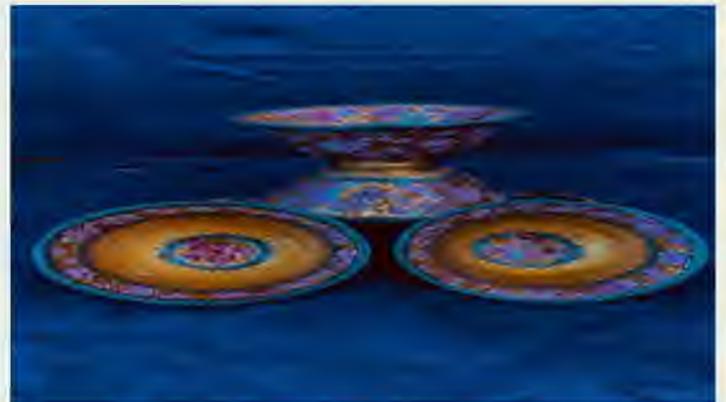
Wall Hanging painting



Samavours on display



Wooden Momentos with Papier Machie Art



Papier Machie Small Fruit Bowls.



Papier Machie Training Classes



Calligraphy Competition between the students



Calligraphy Painting



ACTIVITIES FOR THE YEAR –2021-22

4th March to 12th March –2021

Exhibition cum Sale was organized by the skill cell of the college from 4th March to 12th March in collaboration with Womens Study Cell.



5th March 2021

Online demonstration of mask designing on the eve of World AIDS day on 5th of March 2021 which was celebrated in collaboration with the Red Cross Committee of the college. Skill Instructor demonstrated how to draft cut and stitch the designer mask.



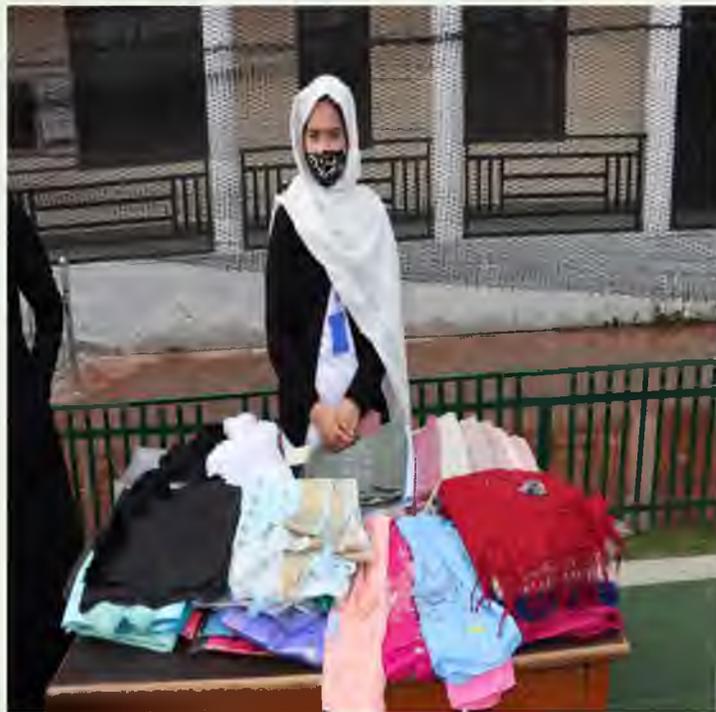
8th March, 2022

Skill Development Cell facilitated display of exhibition stalls done by the students of the college .



10th June, 2021

Display of goods prepared by the students of both wings of the skill cell were put on display to encourage the students to “Earn while you learn”.







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